

## January 2025

Mon	Tue	Wed	Thu	Fri
		<b>1</b> <b>New Year's Day</b> <b>CLOSED</b>	<b>2</b> <b>CLOSED</b>	<b>3</b> <b>CLOSED</b>
<b>6</b> 10:30 am – Line Dancing  6:15 pm – Gentle Yoga	<b>7</b> 6:00 pm – TOPS  1:15 pm – Gentle Fit	<b>8</b> 10:00 am – Pool Tournament 10:30 am – Line Dancing 6:15 pm – Fun Flow 7:30 pm – Stretch & Relax	<b>9</b> 9:30 am – Carpet Bowling  6:15 pm – Canasta	<b>10</b> 10:30 am – Line Dancing
<b>13</b> 10:30 am – Line Dancing  6:15 pm – Gentle Yoga	<b>14</b> 6:00 pm – TOPS  1:15 pm – Gentle Fit	<b>15</b> 10:00 am – Pool Tournament 10:30 am – Line Dancing 6:15 pm – Fun Flow 7:30 pm – Stretch & Relax	<b>16</b> 9:30 am – Carpet Bowling  6:15 pm – Canasta	<b>17</b> 10:30 am – Line Dancing  <b>SPECIAL MEAL- *Jan. Menu Info.</b>
<b>20</b> 10:30 am – Line Dancing  6:15 pm – Gentle Yoga	<b>21</b> 6:00 pm – TOPS  1:15 pm – Gentle Fit	<b>22</b> 10:00 am – Pool Tournament 10:30 am – Line Dancing 6:15 pm – Fun Flow 7:30 pm – Stretch & Relax	<b>23</b> 9:30 am – Carpet Bowling  <b>GENERAL MEETING – 1:30 pm</b>  6:15 pm – Canasta	<b>24</b> 10:30 am – Line Dancing
<b>27</b> 10:30 am – Line Dancing  6:15 pm – Gentle Yoga	<b>28</b> 6:00 pm – TOPS  1:15 pm – Gentle Fit	<b>29</b> 10:00 am – Pool Tournament 10:30 am – Line Dancing 6:15 pm – Fun Flow 7:30 pm – Stretch & Relax	<b>30</b> 9:30 am – Carpet Bowling  6:15 pm – Canasta	<b>31</b> 10:30 am – Line Dancing

Hart Pioneer Centre  
6986 Hart Highway

\* TOPS – Theresa (250) 962-8977 (Coordinator)

\* Fun Flow & Stretch & Relax (Yoga) – Lisa - 778-281- 0694 (Coordinator)

\* Gentle Fit - Lisa 778-281-0694 (Coordinator)

**\*\* CRIB TOURNAMENT - Sunday, January 26 – 1:00pm**